

Language/
Literacy**Understanding Words and Letters**

- How to understand, comprehend, and interpret information in a book
- Learning new words
- How to identify the final sound of familiar words
- The name, sound, written form, and uses of the letter J

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Mathematics

Counting Things

- Practicing adding by counting on
- Identifying which group has the most and which has the fewest
- Practicing adding and subtracting

Self-
Regulation**Focusing & Remembering**

- How to follow requests by listening, watching, and remembering
 - *The Freeze Game*
- How to follow requests by listening and watching
 - *Sleeping, Sleeping, All the Children Are Sleeping* game

Social-
Emotional**Being Responsible**

- Different ways we can be responsible

Social
Studies**Exploring Time**

- Games that children played long ago
- How to learn about things that happened long ago



Science

Exploring Habitats

- Characteristics of a mountain
- A volcano is a type of mountain
- Types of animals that live on a mountain

Physical/
Health**Staying Healthy and Safe**

- How a doctor helps us stay healthy
- How a dentist helps our teeth stay healthy

Social-
Emotional

Talking about the right thing to do can improve children's skills in personal responsibility.

- Discuss typical situations where a pretend child refuses or is reluctant to do what is expected of him/her. Example: playing with a favorite toy instead of helping set the table for a family meal. Emphasize how doing the right thing is helpful to others and to the child.

Children's listening comprehension skills can be strengthened when they participate in reading a book that involves complex actions of one or more book characters.

- Read and discuss a book in which the main character (or characters) behaves in ways that would prompt your child to think about why the character did what he/she did. Example: *The Mitten* by Jan Brett. A second reading of the book may enhance discussion of the character(s).

Language/
LiteracySelf-
Regulation

Children can strengthen their concentration skills by making different types of lines in response to music tempos.

- Provide a crayon or marker for your child to draw smooth continuous lines on plain paper when he/she hears slow music that you play. Encourage your child to draw short lines or squiggly lines when he/she hears fast music. Vary the tempo of the music to encourage your child to listen carefully.

Playing store can strengthen children's understanding of addition and subtraction.

- Use 10 play coins or another item, such as craft sticks, to serve as money for pretend purchases at a store you create with your child. Items for purchase need a price. Encourage your child to count remaining money after a purchase and to add costs of buying more than one item at a time. Reverse roles.

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Mathematics

Social
Studies

Broaden your child's understanding of how people lived long ago by playing games from an earlier era.

- Some game options include *marbles*, *dominoes*, *jumping rope*, *hopscotch*, *Pick-up Sticks*, and *Who Has the Button?* Information on how to play these games can be found on the internet.

Children's understanding of mountains can be enhanced by learning about animals that live on mountains.

- With your child, look at books from the library or find website pictures of animals that live on mountains. Talk about why it would be hard for people to live on mountains. Your child may wish to use clay or play dough to make mountains. Small plastic animals could live on pretend mountains.



Science

Pretend visits to a doctor's office or a dentist's office can help children understand what happens during a health care visit.

- Use a doll to enact a pretend visits to a doctor's office or a dentist's office for a routine checkup. Provide props or a toy doctor's kit, if available. Encourage your child to be the health care provider. Talk about why staff in the office do what they do.

Physical/
Health