

Language/
Literacy**Understanding Words and Letters**

- How to understand, comprehend, and interpret information in a book
- Learning new words
- How to identify the final sound of familiar words
- The name, sound, written form, and uses of the letter K

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Mathematics

Counting Things

- Practicing adding and subtracting items

Self-
Regulation**Focusing & Remembering**

- How to follow requests by watching and remembering
 - *Orange Circle, Purple Circle* game

Social-
Emotional**Being Responsible**

- What it means to make a decision
- Thinking about choices and making a good decision

Social
Studies**Exploring Time**

- Moving to a new place and building a house long ago
- Comparing how people did things long ago to how we do things now



Science

Exploring Habitats

- Characteristics of a rainforest
- Animals and plants that live in a rainforest
- Types of food eaten by animals in a rainforest

Physical/
Health**Staying Healthy and Safe**

- Ways we can protect our skin from the sun
- Ways to stay healthy and safe in hot weather

Social-
Emotional

Comparing different choices can help children strengthen their decision-making skills.

- Talk with your child about what he/she likes about different realistic choices. Examples: decisions about what to eat, wear, play. Encourage your child to describe why one choice is preferred.

Talking with your child about a book you share together can improve vocabulary and comprehension skills.

- Children benefit from recalling what happened in a book and describing the characters (people and/or animals) in a story. Use book illustrations to help your child recall. Ask questions and follow up on what your child says to keep the conversation going.

Language/
LiteracySelf-
Regulation

Practicing different physical movements in response to visual cues can improve children's skills in behavior control.

- Determine with your child a specific action he/she will do in response to your presenting one of two different objects, such as a block and a small stuffed animal. Example: run in place when you hold up the stuffed animal, clap when you hold up the block, and stop actions when you put the items behind your back.

Practice in taking away items from a larger group can support children's understanding of subtraction.

- Invite your child to count a group of up to 10 small items, such as blocks, coins, or crayons. Then support your child in taking away the number of items specified in the roll of a die (or a number you say). Encourage your child to count how many items are left. Emphasize that a group of items gets smaller when items are taken away.

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Mathematics

Social
Studies

Looking at older versions of current-day household items can enhance children's awareness of changes in lifestyles.

- Visit antique stores or museums that display older household items. Compare items to what is in your home today. How are items different? Look at pictures of older household items if visiting an antique store or museum is not an option.

Children's understanding of a rainforest can be enhanced by learning about things that live in a rainforest.

- With your child, look at books from the library or find website pictures of rainforests, including plants and animals that live in a rainforest. Prepare and discuss a lunch or a snack that includes foods found in a rainforest. Examples: nuts, berries, bananas, a leafy green salad.



Science

Children can benefit from information on the importance of using sun safety items.

- With your child, collect items at your home that provide safety from the sun when outside. Examples: hats, long sleeves, sunglasses, sunscreen, water bottle. Talk about how each of the items protects our bodies from the sun. Emphasize the importance of them staying hydrated with water when outdoors.

Physical/
Health