

Language/
Literacy**Understanding Words and Letters**

- How to understand, comprehend, and interpret information in a book
- Learning new words
- Review how to identify the name and say the sound of letters X, S, P, E, and H
- Practice finding letters X, S, P, E, and H in a sentence

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Mathematics

Making Patterns

- Practice making simple patterns (ABAB) with words, sounds, and our bodies
- How to make other kinds of patterns (AABAAB) with beads and circle counters
- Using three of our senses to identify patterns outdoors

Self-
Regulation**Focusing & Remembering**

- How to follow requests by watching and taking turns
 - *Mirror, Mirror* game
- How to follow requests by listening and remembering
 - *Drum Beats* game

Social-
Emotional**Understanding Feelings**

- We feel proud when we feel good about our actions, ourselves, or someone else
- Illustrating ourself doing something that makes us feel proud

Social
Studies**Exploring Where We Live**

- Identifying characteristics of our community's geography
- How different types of bridges can be used in a community



Science

Exploring Life Cycles

- How living things grow and change over time
- Drawing ourself as a baby
- How long it takes for people, puppies, and kittens to grow and change from babies to adults
- How living things go through different stages

Physical/
Health**Staying Healthy and Safe**

- How different types of farms grow different kinds of food
- How a dairy farmer gets milk from a cow
- Dairy foods include milk and other food made from milk

Social-
Emotional

Feeling proud is a valuable emotion for children to understand.

- Talk with your child about what it means to feel proud. Describe times you were proud of your child. Talk about a situation in which your child was proud of him/herself. Describe how you knew your child felt proud. Examples: big smile on face, stood a little taller. Describe times you were proud of yourself.

Preschool children's knowledge of letters is linked to later reading skills.

- Make a chart containing upper and lower case letters X, S, P, E, and H. Your child's classroom has introduced these letters. Strengthen your child's familiarity with these letters by asking your child to point to and repeat a letter you say in the order each appears on your chart, then randomly. Are any of the letters in a family member's name?

Language/
LiteracySelf-
Regulation

Copying your different facial expressions can help your child pay close attention to facial expressions.

- Make any type of facial expression and encourage your child to mimic your expression. Hold your expression long enough for your child to look carefully. Invite your child to describe some specifics of the expression you make. Examples: shape of mouth, forehead, eyes. Repeat with different expressions.

Moving parts of our body is a useful way to practice pattern skills.

- Make patterns with your child using your bodies, such as clapping hands and lightly slapping knees. Example: clap, slap, clap, slap. Vary the pattern with an action repeat, such as clap, clap, slap, clap, clap, slap.

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Mathematics

Social
Studies

Children can strengthen their understanding of a community when they become familiar with its geographic features.

- As you travel around in your community, talk about its geographic characteristics: lakes, rivers, ponds, bridges, railroad tracks, hills or mountains, flat land, dams, wind turbines, elevated tracks, or subways.

Strengthen your child's awareness of how people change over time by looking at pictures of family members at different ages.

- With your child, look at his/her baby pictures and discuss how he/she has changed over time. Together, look at pictures of you or other adult family members and talk about changes in physical features over the years, from infancy to adult.



Science

Broaden your child's understanding of food by describing food grown on farms.

- Help your child identify fresh foods that come directly from a farm when visiting a grocery store or a farmer's market. Examples: fruits and vegetables. Talk about food that is slightly processed after leaving a farm. Examples: meats and dairy products. Consider having a family garden, if possible.

Physical/
Health