











## Social & Emotional Development

The VLS Core Content was designed to align across tracks which means a significant portion of each track's content is relevant for all direct care staff. This document identifies unique age-specific content, activities, and resources by lesson and can be used as a guide for review material if a staff member moves to care for a new age-group. For example, direct care staff who move from an infant and toddler to a preschool classroom should consult the Preschool track to be aware of age-specific material that resides in that track. Use this document as a guide and remember to work with your trainer to help identify content areas in the VLS where you may need extra review and support to be knowledgeable about best practices for all children in your care.

### LESSON 1

<b>Infants &amp; Toddlers</b> Social-Emotional Development: An Introduction	<b>Preschool</b> Social-Emotional Development: An Introduction	<b>School Age</b> Social-Emotional Development: An Introduction
		
1. <b>Section:</b> all initial <i>Know</i> paragraphs.	1. <b>Section:</b> <i>What does Social-Emotional Development Look Like in Preschoolers?</i>	1. <b>Section:</b> all initial <i>Know</i> paragraphs.
	2. <b>Section:</b> <i>Social-Emotional Growth and Young Children's Development</i>	
2. <b>Section:</b> entire <i>Do</i> section and list/chart	3. <b>Section:</b> <i>What to Expect in this Course</i>	2. <b>Section:</b> entire <i>Do</i> section and list/chart
		
3. <b>Attachment:</b> <i>Promoting Prosocial Behaviors in Infants and Toddlers</i>	4. <b>Section:</b> entire <i>Do</i> section and list/chart	3. <b>Attachment:</b> <i>My Social-Emotional Development</i>
		
	5. <b>Attachment:</b> <i>Social-Emotional Competence of Children: Protective &amp; Promotive Factors</i>	4. <b>Attachment:</b> <i>Emotional Intelligence for Children ages 8-10</i>
		5. <b>Attachment:</b> <i>Emotional Intelligence for Children ages 11-12</i>
		6. <b>Attachment:</b> <i>Emotional Intelligence Activity Plan</i>

## LESSON 2

<b>Infants &amp; Toddlers</b> Social-Emotional Development: Infants & Toddlers	<b>Preschool</b> Social-Emotional Development: Preschool Children	<b>School Age</b> Social-Emotional Development: School-Age Children
<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to infants and toddlers.</p>	<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to preschool children.</p>	<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.</p>

## LESSON 3

<b>Infants &amp; Toddlers</b> Promoting Social-Emotional Development: High Quality Environments	<b>Preschool</b> Promoting Social-Emotional Development: High Quality Environments	<b>School Age</b> Promoting Social-Emotional Development: The Environment
<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to infants and toddlers.</p>	<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to preschool children.</p>	<p><b>*Consult Entire Lesson:</b></p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.</p>

## LESSON 4

### Infants & Toddlers

Promoting Social-Emotional Development:  
Experiences and Activities

**\*Consult Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to infants and toddlers.

### Preschool

Promoting Social-Emotional Development:  
Experiences and Activities

**\*Consult Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to preschool children.

### School Age

Promoting Social-Emotional Development:  
Experiences and Activities

**\*Consult Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.

## LESSON 5

### Infants & Toddlers

Promoting Social-Emotional Development:  
The Infant and Toddler Caregiver



1. **Video:** *A Caregiver's Social and Emotional Well-Being*

### Preschool

Promoting Social-Emotional Development:  
The Preschool Teacher



1. **Video:** *Ted Talks' Talks from Inspiring Teachers*
2. **Attachment:** *Top Ten Practices*
3. **Attachment:** *Characteristics of Responsive Teachers*
4. **Attachment:** *Responsive Teacher Checklist Self-Reflection*



### School Age

Promoting Social-Emotional Development:  
Positive Relationships

**\*Consult Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.