

## Milestones: Emergence of Self and Development of Self-Concept

(Berk, 2003, p. 447)

Age	Milestones
1-2 yrs.	<p>Self-recognition becomes well-established.</p> <p>Categorical self develops.</p>
3-5 yrs.	<p>Remembered self, in the form of a life story, develops.</p> <p>Desire theory of mind expands into a belief-desire theory, as indicated by mastery of false-belief tasks.</p> <p>Self-concept emphasizes observable characteristics and typical emotions and attitudes.</p>
6-10 yrs.	<p>Self-concept emphasizes personality traits and includes both positive and negative attributes.</p> <p>Social comparisons among multiple individuals appear.</p>
11 yrs.-adulthood	<p>Self-concept includes higher-order, abstract descriptors that unify separate traits (e.g., “smart” and “talented” into “intelligent”).</p> <p>Traits making up self-concept are combined into an organized system.</p>