

Toilet Training Booklist

BOOKS FOR CHILDREN

My Potty Book for Boys, Mary Atkinson, ed. Simple text and photographs introduce the potty to ethnically diverse toddlers who assume this new toy might be a hat.

No More Diapers, J. G. Brooks.* A popular book with toddlers. Toilet training is illustrated through two stories, one about Johnny and another about Susie. Simple text is used with black, white, and orange drawings.

Your New Potty, Joanna Cole.* This book tells the story of two children, Ben and Steffie, who are learning to use their new potties. Illustrated by colorful photographs. Uses adult terms for elimination.

Once Upon a Potty, Alona Frankel.* Simple text with cartoon-like illustrations. Available in both a boy's and girl's version. Comes complete with an anatomically correct doll and toy potty.

All By Myself, Anna Grossnickle Hines.* One of the few books that talks about nighttime dryness. Josie, like most children, has successfully mastered daytime control, but at night still needs help from her mother to get to the bathroom. In time she learns how to manage by herself.

A Potty for Me, Karen Katz. Told in the first person, this gender-neutral potty training book is available in hardcover or as a board book.

KoKo Bear's New Potty, Vicki Lansky.* A "read together" book with cartoon bear illustrations. A useful companion to Vicki Lansky's *Practical Parenting: Toilet Training*.

Going to the Potty, Fred Rogers.* Part of the Mister Rogers' Neighborhood First Experience series, this colorful book discusses toilet training. Photographs show children of all sizes, ages, and ethnic groups.

Caillou: Potty Time (Hand in Hand) by Joceline Sanschagrin. In this board book, Caillou's mother introduces the potty to him, and he finds he can run faster without diapers.

Even Princesses Go to the Potty: A Potty Training Lift-the-Flap Story, Wendy Wax and Naomi Wax. Humorous hardcover shares multiple tales about diverse characters who take potty breaks.

BOOKS FOR CAREGIVERS AND PARENTS

Parents Book of Toilet Teaching, Joanna Cole*

Practical Parenting: Toilet Training, Vicki Lansky*

Toilet Learning, Alison Mack*

American Academy of Pediatrics Guide to Toilet Training, Mark Wolraich

*Reprinted with permission from the National Network for Child Care - NNCC. Oesterreich, L. (1995). Guidance and discipline. In L. Oesterreich, B. Holt, & S. Karas, *Iowa family child care handbook* [Pm 1541] (pp. 242-245). Ames, IA: Iowa State University Extension.