Explore Activity

Visit the Team Nutrition website: https://www.fns.usda.gov/tn/myplate and click on the link for Resource Order Form. On the left side of the screen, choose "Child Care" from the list of Audiences. Scroll through the available resources.

1. Identify any that you think would enhance your facility. The resources I would like to order include:

2. Describe how you intend to use the resources you identified.

3. How might you coordinate with the other center staff members to create a unified message about healthy eating choices?

This document was prepared by The Ohio State University for the Department of Defense's Office of Family Policy/Children and Youth and the US Department of Agriculture's National Institute of Food & Agriculture. © 2017 The Ohio State University. All rights reserved. Terms of use for this document are located at http://virtuallabschool.org/legal.