

Understanding Cognitive Development: A Reflective Exercise

Read *The Science of Early Childhood Development: Closing the Gap Between What We Know and What We Do* publication from the National Scientific Council on the Developing Child. [Refer to the website listed in the Apply section of Lesson 1 in T&C track Cognitive Development.](#) After you have read the article, reflect on the content by answering the following questions:

1. What is something I didn't know prior to reading this article?

2. What is something I want to learn more about after reading this article?

3. How can I use the information in the article to support my staff's understanding of cognitive development?