

## Building a Safe Place for Children & Youth

Think about the protective factors that you learned about in this lesson. Reflect on the questions provided below. In the Notes column, describe your responses and steps you think you could take to promote these factors. Then identify what your role is in promoting each of the protective factors. Discuss your notes with your management team.

	Think about...	Notes & Action Items	My Role
<b>Adult Resilience</b>	<ul style="list-style-type: none"> <li>• What signs of stress do you see in staff members?</li> <li>• Which staff members seem to be least affected by stress? What do they do that helps them?</li> <li>• What resources or activities might help staff members deal with stress?</li> </ul>		
<b>Knowledge of Child Development</b>	<ul style="list-style-type: none"> <li>• What does it look like when a staff member does not understand development? What staff behaviors have you seen that concerned you?</li> <li>• Which staff member seems to have the most sophisticated understanding of development? What did they do to develop this knowledge?</li> <li>• What resources are available to you to help staff members learn about development?</li> </ul>		

<p><b>Social Connections</b></p>	<ul style="list-style-type: none"> <li>• How would you describe the social atmosphere of your program? What is going well and what could be improved?</li> <li>• Which staff members seem less socially connected than others? What are their interests or strengths that you could use to help build connections?</li> </ul>		
<p><b>Concrete Supports in Times of Need</b></p>	<ul style="list-style-type: none"> <li>• How do you know when a staff member is facing difficulties outside of work?</li> <li>• What does your program do to make sure staff members have the resources and services they need?</li> </ul>		
<p><b>Social Emotional Competence of Children</b></p>	<ul style="list-style-type: none"> <li>• What evidence do you have that staff members value and support social emotional competence of children?</li> <li>• What curricular or programmatic supports are in place in your program?</li> <li>• What messages do staff members get about social emotional development?</li> </ul>		