

WGR Pasta

Component: Grain

Recipe Category:

Recipe #KSU developed

Ingredients	50 Servings		_____ Servings		Directions
	Weight	Measure	Weight	Measure	
Water		2 gal 3 qt			1. Bring water and salt to a boil in a large pot. Add pasta and cook until just tender, about 10 minutes. Drain and set aside.
Salt		1 Tbsp			
WGR rotini, whole grain OR WGR penne pasta	3 lb OR 3 lb 4 oz				
Buttery spread		1/2 cup			2. Melt buttery spread and then add to to drained noodles. 3. Toss to combine. Serve hot. 5. CCP: Hold at 135 °F or higher.
Ground black pepper		1 tsp			

WGR Pasta

Food Component Grain

Recipe Category side dish

Recipe #

Notes:

Nutrient information calculated using Food Processor.

Marketing Guide for Selected Items

Food as Purchased for	50 Servings	100 Servings

Serving: ½ cup is equal to one bread/grain

1-2 years: 1/4 cup

3-5 years: 1/4 cup

6-18 years: 1/2 cup

Yield:

50 Servings

100 Servings:

Volume:

100 Servings:

Nutrients Per Serving

Calories	88.58	Saturated Fat	0.41 g	Iron	0.77 mg
Protein	2.75 g	Cholesterol	0 mg	Calcium	5.57 mg
Carbohydrate	15.00 g	Vitamin A	22.03 RAE	Sodium	63.24 mg
Total Fat	2.16 g	Vitamin C	0.0 mg	Dietary Fiber	2.19 g