

Sesame Dipping Sauce

Component: Condiment/Enhancement

Side Dish/Dip

Recipe #

Ingredients	50 Servings		_____ Servings		Directions
	Weight	Measure	Weight	Measure	
Brown sugar, packed		1 cup			1. Process brown sugar, tamari (or soy sauce), ginger, canola oil, sesame oil, lemon juice, zest, and water in a food processor fitted with a steel blade until smooth.
Low sodium tamari or low sodium soy sauce		1 cup			
Ground ginger		2 Tbsp			
Canola oil		1/2 cup			
Sesame oil		1/2 cup			
Lemon juice		1/3 cup			
Lemon zest		2 tsp			
Water		1/4 cup			

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Notes:
Nutrient information from Food Processor

Marketing Guide for Selected Items		
Food as Purchased for	50 Servings	100 Servings

Serving: 1 Tablespoon	Yield:	Volume:
1-2 years: 1 Tbsp	50 Servings:	50 Servings:
3-5 years: 1 Tbsp		
6-18 years: 1 1/2 Tbsp	100 Servings:	100 Servings:

Nutrients Per Serving			
Calories	59.82	Saturated Fat	0.48 g
Protein	0.49 g	Cholesterol	0 mg
Carbohydrate	4.89 g	Vitamin A	0.01 RAE IU
Total Fat	4.44 g	Vitamin C	0.67 mg
		Iron	0.15 mg
		Calcium	5.68 mg
		Sodium	185.58 mg
		Dietary Fiber (2016)	0.08 g