

Direct Care Practice Inventory

Use the following list of practices to assess your own ability to understand and support children’s sexual development and behavior. Each statement below refers to behaviors or attributes you should demonstrate when interacting with children, families, or colleagues. For each of the statements, reflect on your own practices and select your current level of mastery. This tool may also be used by your trainer, coach, or administrator to observe your practices in this content area and support professional development goals.

E

Emerging

You believe you need more information to understand or incorporate a particular practice

D

Developing

You believe you have an understanding of the practice, and are working to properly apply it to your work

M

Mastered

You believe you have mastered and consistently implement a particular practice

COMPETENCY		RATE: E/D/M	NOTES
A	Responds to children’s sexual behavior in the moment using pause, redirect, listen, and teach strategies		
B	Teaches children and youth parts of the body using correct terminology, the difference between “safe touch” and “unsafe touch”, and how to ask, accept, & decline permission		
C	Responds to children and youth’s questions about bodies with simple, developmentally appropriate answers		
D	Recognizes normal, cautionary and problematic sexual behavior challenge examples for age group		
E	Uses appropriate, person-first language when communicating with colleagues, leadership, and families about children and youth with sexual behavior challenges		
F	Implements general guidelines to respect the privacy of children with sexual behavior challenges		
G	Reflects on personal beliefs and knowledge of childhood sexual development and behavior		
H	Teaches simple rules such as “we keep our private parts covered” or “we don’t touch others’ private parts”		
I	Identifies social, emotional, and behavioral symptoms of children and youth experiencing sexual behavior challenges		
J	Analyzes children’s development and functions for sexual behaviors using the Sexual Behavior Reflection Tool		
K	Teaches the meaning of public and private in developmentally appropriate ways		
L	Contributes to effective discussions with families about children’s sexual behavior as appropriate		
M	Provides appropriate information on sexual development and behavior to families		
N	Has awareness of intervention options and resources available to families who have a child with sexual behavior challenges and collaborates with leadership to support families		

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Concluding Reflections

My overall strengths in this area:

Practices that I would like to improve include:

Plans for achieving these goals include: